

**ACL****Venue -  
ACL Chelmsford****Start date week  
beginning -  
14/04/2026**

## Supported Learning - Bridging Programme

Are you neurodivergent, currently not in education or work and 19+, You can join our 12-week Bridging Programme.

If you are aged 16 to 19, you can access the wellbeing sessions only due to funding constraints.

Our Bridging Programme is bespoke and flexible, learners can enrol on as many sessions as they would like. With a tailored approach to teaching and learning, learners set their own targets.

This supportive programme is designed to help learners build confidence, develop new skills, and take the next steps on their journey into education or employment. With the benefit of learning in small groups and learning support in all classes

By the end of the course, you'll be ready to progress into:

- ACL mainstream courses, Apprenticeships or Employment opportunities, with guidance from our Career & Skills Progression Advisors (CASPs)

**aclessex.com**  
**0345 603 7635**



**Courses designed for autistic adults.**



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**Session choices available for the  
12 week Bridging Programme**

	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
10:00 - 12:30	Mental Health and Wellbeing	Digital - Canva	Employability Skills	Wellbeing through Art
13:00 - 15:30	English	Digital Skills	English	Maths

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